



ABIDING

Together



SEASON 5 - THE ART OF CONVERSATION

Group Questions

1. WHAT BLESSES YOU THE MOST IN GOOD CONVERSATION?
2. WHAT MAKES YOU FEEL SAFE IN CONVERSATION & WHAT MAKES YOU FEEL UNCOMFORTABLE?
3. WHAT IS BRINGING YOU JOY RIGHT NOW IN YOUR LIFE?
- 4.. WHAT IS A THEME GOING ON IN YOUR LIFE THIS YEAR?
5. WHAT DOES RESTORED FEMININITY (MASCULINITY) LOOK LIKE?

Journal Questions

- 1.DO YOU SPEND MORE TIME SHARING OR LISTENING IN CONVERSATIONS? HOW CAN YOU GROW IN THE AREA THAT YOU'RE NOT AS STRONG IN?
2. WHO IS SOMEONE IN YOUR LIFE THAT YOU NEED TO MAKE TIME TO SIT AT THEIR FEET MORE OFTEN?
3. WHAT HOLDS YOU BACK FROM SHARING YOUR HEART?

Quote to Ponder

"WITH THE GIFT OF LISTENING COMES THE GIFT OF HEALING" -
CATHERINE DOHERTY