



ABIDING

Together



HEALING THE WHOLE PERSON
INTERVIEW WITH DR. BOB SCHUCHTS

Group Questions

1. WHAT STRUCK YOU FROM THE PODCAST THIS WEEK?
2. HOW CAN WE COOPERATE WITH THE HEALING THAT GOD WANTS TO BRING INTO OUR LIVES?
3. WHO IS A SAFE PERSON AROUND YOU WHO CAN SPEAK TRUTH TO YOU, ENCOURAGE YOU, AND LIFT YOUR GAZE TO THE FATHER?
4. WHICH OF THE 7 WOUNDS DO YOU RESONATE THE MOST WITH IN THIS SEASON OF YOUR LIFE?

Journal Questions

1. WHAT IS SOMETHING YOU OFTEN OVERREACT ABOUT THAT MAY BE REVEALING A DEEPER AREA OF WOUNDEDNESS?
2. WHAT MINDSETS OR NEGATIVE BELIEFS DO YOU THINK YOU HAVE BROUGHT FROM YOUR CHILDHOOD INTO YOUR ADULTHOOD?
3. WRITE DOWN THE 7 WOUNDS THAT DR. BOB MENTIONED. WHAT IS YOUR FIRST MEMORY OF WHEN EACH OF THOSE WOUNDS ENTERED YOUR LIFE? ASK JESUS WHAT HE WANTS TO SPEAK TO YOU ABOUT THAT.

Quote to Ponder

“LIFE COMES THROUGH THE HEART” - DR. BOB SCHUCHTS