



ABIDING  
*Together*



MARRIAGE AND RESTORATION  
WITH DR. BOB SCHUCHTS

## *Group Questions*

1. WHICH ONE OF THE 5 AREAS OF INTIMACY DO YOU STRUGGLE WITH THE MOST? IF YOU'RE NOT MARRIED THIS STILL APPLIES. (SPIRITUAL UNITY, EMOTIONAL INTIMACY, DAILY COMPANIONSHIP, COOPERATIVE TEAMWORK, SEXUAL INTIMACY)
2. WHAT ARE THE PLACES THAT YOU NEED TO WORK AT KEEPING YOUR HEART OPEN IN RELATIONSHIPS, WHEN YOU FEEL THE FEAR OF BEING HURT?
3. HOW DO YOU NEED TO BE MORE HONEST IN YOUR CLOSEST RELATIONSHIPS?
4. WHAT IS THE NEXT RIGHT THING YOU NEED TO DO IN YOUR MARRIAGE (OR CLOSEST FRIENDSHIP OR PERSONAL LIFE)?

## *Journal Questions*

1. WHAT ISSUES FROM YOUR CHILDHOOD AND DATING RELATIONSHIPS DID YOU BRING INTO YOUR MARRIAGE (OR WILL BRING INTO YOUR MARRIAGE OR FUTURE VOCATIONAL CALLING)? HOW CAN I BECOME MORE RECEPTIVE TO THE LOVE OF GOD, SO THAT I CAN SHARE THAT MORE EASILY IN MY MARRIAGE OR CLOSE RELATIONSHIPS?  
IF YOU'RE MARRIED, CONSIDER HAVING THE CONVERSATION DR. BOB SUGGESTED. "WHAT IS THE STATE OF OUR UNION"? AND USE THE 5 AREAS OF INTIMACY AS A GUIDE.  
WHERE DO YOU NEED TO OFFER FORGIVENESS?

## *Quote to Ponder*

"OUR MOST NATURAL TENDENCY IS TO TRY TO GET THE OTHER PERSON TO BE WHAT WE NEED SO THAT WE CAN BE LOVED WELL. RATHER, TO LET GO OF THAT AND JUST HONESTLY LOVE SOMEBODY, IS WHEN GOD BECOMES PRESENT." - DR BOB SCHUCHTS

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