



ABIDING

Together



HOPE & HEALING IN TIMES OF TRIAL

## Group Questions

1. WHAT STOOD OUT TO YOU IN THIS PODCAST?
2. WHERE ARE THE PLACES THAT YOU STRUGGLE TO REST IN GOD AND BELIEVE HE IS TRUSTWORTHY?
3. WHAT HAS HELPED YOU HAVE HOPE IN TIMES OF TRIAL? WHAT ALLOWS YOU TO REST, RECEIVE, AND NOT ISOLATE WHEN YOU'RE STRUGGLING?

## Journal Questions

1. WHAT MIGHT BE STUNTING YOUR EMOTIONAL AND SPIRITUAL GROWTH?
2. WHAT ARE 2 SCRIPTURES THAT YOU CAN MEMORIZE TO ANCHOR YOU IN THE MIDST OF TRIAL?
3. JESUS LONGS TO HEAL US. WHAT IS THE AREA THAT HE IS PUTTING HIS FINGER ON RIGHT NOW?

## Quote to Ponder

“BUT THIS I CALL TO MIND, AND THEREFORE I HAVE HOPE: THE STEADFAST LOVE OF THE LORD NEVER CEASES, HIS MERCIES NEVER COME TO AN END; THEY ARE NEW EVERY MORNING; GREAT IS YOUR FAITHFULNESS. “THE LORD IS MY PORTION,” SAYS MY SOUL, “THEREFORE I WILL HOPE IN HIM.” - LAMENTATIONS 3:21-24