



ABIDING

Together



EPISODE 8: ST TERESA OF AVILA

Group Questions

1. WHAT STRUCK YOU FROM THE PODCAST THIS WEEK?
2. WHAT AREAS OF COMFORT DO YOU CLING TO THAT MAY BE CAUSING RESISTANCE IN GROWING DEEPER IN YOUR RELATIONSHIP WITH GOD?
3. WHAT IS ONE PRACTICAL “LITTLE BY LITTLE” CHOICE THAT YOU CAN MAKE TO GROW THIS WEEK?
4. IN WHAT PLACES DO YOU NEED MORE HEALING IN YOUR LIFE? HOW CAN YOU OPEN THE DOOR TO HEALING IN ONE PRACTICAL WAY?

Journal Questions

1. WHAT ARE THE AREAS THAT I TOLERATE AND GIVE IN TO SIN IN MY LIFE, INSTEAD OF GOING DEEPER?
2. THINK ABOUT YOUR WEEK. TO GROW IN SELF AWARENESS, JOURNAL ABOUT YOUR REACTION TO A SITUATION OR PERSON AND WHY YOU RESPONDED THE WAY YOU DID?
3. WHAT YOUNG PARTS OF YOUR OWN HEART NEED TO ENCOUNTER THE LOVE OF GOD?
4. DO YOU BELIEVE THAT GOD WILL BE THERE, AS YOUR HEALER, IF YOU OPEN THE DOOR TO PAST WOUNDS?

Quote to Ponder

“EITHER WE ARE BRIDES OF SO GREAT A KING OR WE ARE NOT.” - ST. TERESA OF AVILA