

EPISODE 7: ST HILDEGARD OF BINGEN

Group Questions

- 1. HAVE YOU EVER BELIEVED THE LIE THAT ITS TOO LATE FOR CERTAIN DREAMS OR CALLINGS TO COME TO FRUITION IN YOUR LIFE?
- 2. IN WHAT WAYS DO YOU DIMINISH WHO YOU ARE AND FALL INTO SELF DOUBT?
- 3. HOW CAN YOU OPEN THE DOOR WIDER TO THE HOLY SPIRIT TO USE YOUR GIFTS, NOT JUST AS YOUR OWN TALENTS, BUT TO HELP BUILD HIS KINGDOM OF LOVE.
- 4. HOW CAN WE CULTIVATE FRIENDSHIPS THAT WE FEEL FREE TO BE VULNERABLE WITHOUT JUDGEMENT?

Journal Questions

- 1. HOW HAS SELF DOUBT CRIPPLED YOU IN YOUR STORY?
- 2. WHAT IS CHRIST CALLING YOU TO DO FOR A TIME SUCH AS THIS?
- 3. HOW CAN YOU BEGIN TO ACCEPT YOUR WEAKNESS AS AN OPPORTUNITY TO DRAW CLOSE TO GOD AND RECEIVE HIS STRENGTH?
- 4. WHERE IN MY LIFE DO I ANSWER TO OTHERS OPINIONS INSTEAD OF MY IDENTITY IN GOD?

Quote to Ponder

"WE CANNOT LIVE IN A WORLD THAT IS NOT OUR OWN, IN A WORLD THAT IS INTERPRETED FOR US BY OTHERS. AN INTERPRETED WORLD IS NOT A HOME. PART OF THE TERROR IS TO TAKE BACK OUR OWN LISTENING, TO USE OUR OWN VOICE, TO SEE OUR OWN LIGHT." - ST. HILDEGARD

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